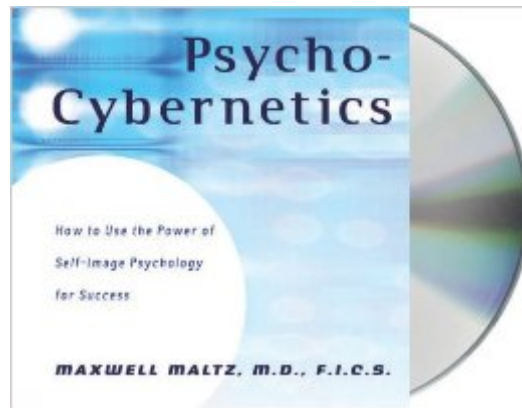


The book was found

# Psycho-Cybernetics



## Synopsis

• Develop self-confidence  
• Overcome procrastination and indecisiveness  
• Improve your health  
• Make more money

Dr. Maxwell Maltz was a renowned pioneer in plastic surgery when he noticed that while the outward changes to his patients were a success, an inner healing and transformation was necessary for them to achieve the life changes they were seeking.

Psycho-Cybernetics is a masterful synthesis of proven psychological and physiological processes, which took Dr. Maltz 29 years of research and testing to develop. His groundbreaking work, Psycho-Cybernetics, has become an all-time classic in the field of self-image psychology. Since its first publication, this book has inspired and helped millions to achieve ambitious and life-changing goals. Recently revised and updated, this unabridged audio edition of Psycho-Cybernetics remains true to Dr. Maltz's visionary approach and proven groundbreaking techniques. These techniques that will lead to a dynamic new self-image, greater self-esteem, and the means to achieve a lifetime of success and happiness.

## Book Information

Audio CD: 9 pages

Publisher: Macmillan Audio; Unabridged edition (May 30, 2006)

Language: English

ISBN-10: 1593979304

ISBN-13: 978-1593979300

Product Dimensions: 5.3 x 1 x 6.1 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (59 customer reviews)

Best Sellers Rank: #210,047 in Books (See Top 100 in Books) #82 in [Books > Books on CD > Health, Mind & Body > Relaxation & Meditation](#) #281 in [Books > Books on CD > Health, Mind & Body > Personal Growth](#) #282 in [Books > Books on CD > Health, Mind & Body > Self Help](#)

## Customer Reviews

When I first read the title I thought it would be your typical analytical approach to what's wrong, and how to correct it. But this is deeper than that, it was about your core existence, it gives you the WHY we are always searching for. I am amazed at the clarity and vision Dr. Maxwell Maltz had, to be able to have written something 40 years ago and it still have such a profound effect on individuals today. I heard him explain how he became skilled at talking himself out of large sums of money, do to the fact that surgery was not the answer, it was deeper than the physical, the mind is so powerful that if

you can aim it properly, keep it fit and happy there really isn't much a person can't accomplish. This book should be a must read for all that are continually sick, or even having self doubt about themselves, considering giving up on something. Given a dose of Maxwell Maltz could be all you need to get back on the right track again.

NOTICE TO : please do not publish this review. This is for your consumption, only. I have read and, indeed, listened to Dr. Maxwell Maltz on tapes. This CD set is not Dr. Maxwell Maltz. It's someone who injects his own personal beliefs. I was very disappointed when I listened to it, Does verify your materials? The fact that the front of the CD set lists Dr. Maxwell Maltz as author and is misleading and not true. Please advise on what can do to assist me with a refund/return.

I love this book on CD and wish I would have been exposed to it 20 years earlier. I like the step by step process that is described that allows me to experience actually results. The only thing that could be improved on is the delivery of the material. The narrator has a somewhat boring tone to his voice.

This is an updated version on an old classic. There are nine CD's in this set. I have still not gotten all the way through them. You will definitely "get it" by the end. Shipping was fast and product was in good shape.

I have both the book and then the audio version of Psycho-Cybernetics and both are a great read. This is a book I recommend to all new marketers and business owners learning about business marketing.

This is great product for self improvement in any areas of your life. You can improve your speech, your relationship, make more money, start your business or at least start to live happier life! The price is absolutely no issue compare to what you will get. I did know a lot on this subject.

Psycho-cybernetics helped me put all the scattered pieces together and even more. I started to smile more and now I wake up with a smile each and every day. This will not solve your problems in a day or pay your bills but it will show you the way which can lead you to just that. And if you add believing in God you are all set. At the end you will understand that faith is actually the ultimate answer to everything.

I know many people have enjoyed this program but, many more need to open their inner self to Maxwell Maltz and this program. This is one of those sources of information that needs reinforcement, only because it opens mental doors that will close if not reinforced by revisiting this message. Each time you go there, you will be valuable/

This series of CDs contains a wealth of information...far too much to absorb all at once. Listening to it in measured doses works best for me and the information, the early examples of NLP in action. A worthwhile addition to the library.

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